

SONORA ISD MIDDLE SCHOOL GRADES 7TH – 8TH

AUG

MENU 2023

DINOSAUR VALLEY STATE PARK



ANNOUNCEMENTS:

SALADS

TUESDAY:
CHEF SALAD
(TURKEY)

THURSDAY:
CRISPY CHICKEN

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

SUMMER
BREAK

2

SUMMER
BREAK

3

SUMMER
BREAK

4

SUMMER
BREAK

7

SUMMER
BREAK

8

SUMMER
BREAK

9

SUMMER
BREAK

10

SUMMER
BREAK

11

SUMMER
BREAK

14

SUMMER
BREAK

15

SUMMER
BREAK

16

SUMMER
BREAK

17

PIZZA
SAVORY GREEN BEANS
FRESH CARROTS
GARDEN SALAD
APPLE SLICE, COOKIE
MILK VARIETY

18

HB / CB
FRENCH FRIES
HAMBURGER GARNISH
TOMATO CUP
FRUIT CUP
MILK VARIETY

21

HOT DOG
TATER TOTS
TOMATO CUP
SNOWBALL SALAD
MILK VAREITY

22

TEX- MEX
(FRITOS, BEEF, SHRED CHEESE)
SALSA
PINTO BEANS
BELL PEPPERS
APPLE SAUCE, SHERBET
MILK VARIETY

23

CHICKEN ALFREDO
BREADSTICK
GARDEN SALAD
WINTER BLEND
PEACHES
MILK VARIETY

24

COUNTRY FRIED STEAK
GRAVY, ROLL
MASHED POTATOES
CALIFORNIA BLEND
STRAWBERRIES
MILK VARIETY

25

CHICKEN BITES
ROLL
CORN
FRESH BROCCOLI
GRAPES, RICE KRISPY TREAT
MILK VARIETY

28

BBQ SANDWICH
FRENCH FRIES
FRESH VEGGIE CUP
STRAWBERRIES & BANANA
MILK VARIETY

29

MEAT & CHEESE CHALUPAS
SALSA, CORN
REFRIED BEANS
SALAD GARNISH
ORANGES, PUDDING
MILK VARIETY

30

CHICKEN NUGGETS
MAC & CHEESE
GLAZED CARROTS
YELLOW SQUASH & ZUCCHINI
GRAPES
MILK VARIETY

31

X-TREME BURRITO
(QUESO ON SIDE)
GREEN PEAS
CUCUMBER & TOMATO
APPLE SAUCE, COOKIE
MILK VARIETY



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA.
This institution is an equal opportunity provider.



Updated 8/1/2023
www.SquareMeals.org